

FLORENCE PROULX

PERSONAL DETAILS

Height : 5'2
 Eyes : Bleus
 Hair : Blonds
 Spoken Languages : French/English (with accent)

TELEVISION

Title	Role	Producer/Broadcaster
<i>Révolution*</i>	Dancer/Competitor	Groupe Fairplay/TVA
<i>Le P'tit cabaret III</i>	Dancer/Participant	Attraction Images/TV5 Unis TV
<i>Danser pour gagner</i>	Dancer/Participant	V

* Callbacks for 2nd auditions for both Révolution 2021 and Révolution 2022 (auditions not televised)

COMPETITIONS

Title	Role	Choreographer
<i>Hit the Floor</i>	Dancer/ Competitor	Elke Glackmeyer
<i>Candance</i>	Dancer/ Competitor	Elke Glackmeyer
<i>View</i>	Dancer/ Competitor	Elke Glackmeyer
<i>Idance</i>	Dancer/ Competitor	Elke Glackmeyer
<i>Bravissimo</i>	Dancer/ Competitor	Elke Glackmeyer
<i>Star Power</i>	Dancer/ Competitor	Elke Glackmeyer
<i>The Beat</i>	Dancer/ Competitor	Elke Glackmeyer

EXPERIENCES

Dance teacher at the Volte-Face Dance School (Hip-hop 5-6 y/o, competitive danse group 10-12 y/o, soloists)	2020-Ongoing
Certified Trainer - RED (Réseau Enseignement de la Danse)	2021

TRAINING

Sports Studies in danse at the Dance Studio Volte-Face
(Instructors: Elke Glackmeyer, Isabelle Paquette,
Louis-Philippe Goyette, Pascal Jodoin)

2019- Ongoing

AWARDS & NOMINATIONS

Recipient of multiples nominations and “favorite act” mentions by competition judges :

Hit of the day awarded by Veronique Giasson for her solo “The Granting of Kindness” (Hit the Floor Competition)

Favorite Act of the Day awarded by Jessy Mateau for her solo “My heart is yours” (Bravissimo Competition)

Favorite Act of the Day awarded by Andy Mitchell for her solo “The Granting of Kindness” (IDANCE Competition)

Invitation to Grece for the best score for her solo “The Granting of Kindness” (Old Montreal Competition)

3rd best score and nominated first runner-up for her solo “The Granting of Kindness” (Candance Competition)

Invitation to the Candance Nationals for her position as the top soloist for her solo “The Granting of Kindness”

SPECIAL SKILLS & INTERESTS

Dance Styles: Contemporary, Lyrical, Ballet, Hip-Hop, Jazz and Acrobatic Dancing

Participation in several dance conventions such as: Nuvo, Hit the Floor and Idance.

Skiing, water sports (paddle boarding, kayaking), hiking, modeling, fashion in general.